Claims:

- 1. Α dosage form in film form for surface administration of at least one active ingredient 5 and/or nutrient to a living creature comprising at active ingredient-containing one nutrient-containing layer based on crosslinked hydrophilic polymers which comprises = 20% by weight, based on the total amount of crosslinked 10 hydrophilic polymers, of glycerol as plasticizer.
- 2. The dosage form as claimed in claim 1. characterized in that the active ingredientand/or nutrient-containing containing 15 comprises from 20 to 60% by weight, based on the total amount of crosslinked hydrophilic polymers, of glycerol.
- 3. The dosage form as claimed in either of claims 1
 20 to 2, characterized in that hydroxypropylmethylcellulose was used as hydrophilic polymer.
- The dosage form as claimed in any of claims 1 to
 characterized in that a hydrophilic polymer
 crosslinked in situ is present.
- 5. The dosage form as claimed in any of claims 1 to 4, characterized in that the hydrophilic polymer has been crosslinked with tannin and/or a crosslinked, optionally partially neutralized polyacrylic acid.
- 6. The dosage form as claimed in any of claims 1 to 5, characterized in that the active ingredient-containing and/or nutrient-containing layer comprises at least one active pharmaceutical ingredient or one nutrient.

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- 7. The dosage form as claimed in claim 6, characterized in that the active pharmaceutical ingredient is an active ingredient from the group of analgesics, antiallergics, antibiotics, antiemetics, antiseptics, antihistamines,
 - antiemetics, antiseptics, antihistamines, antihypertensives, appetite suppressants, cardiac remedies, chemotherapeutic agents, enzymes, hormones, immunomodulators, inoculations, local anesthetics, psychoactive drugs, spasmolytics, virustatics, vitamins and cytostatics.
- 8. The dosage form as claimed in claim 6, characterized in that the nutrient is fertilizer.
- 9. The dosage form as claimed in any of claims 1 to 5, characterized in that it has one or more layers.
- 20 10. The dosage form as claimed in claim 9, characterized in that it has at least one active ingredient-containing and/or nutrient-containing layer, one adhesive layer and/or one covering layer.
- The claimed 11. dosage form as in claim 10, characterized that in at least one ingredient-containing and/or nutrient-containing layer has a concentration gradient of the active 30 ingredient and/or of the nutrient.
 - 12. The dosage form as claimed in claim 10, characterized in that the covering layer is impermeable for the active ingredient.
 - 13. The dosage form as claimed in any of claims 1 to 12, characterized in that it is covered by a protective layer before application.

14. The dosage form as claimed in any of claims 1 to 13, characterized in that the living creature is a human or an animal, preferably a human.

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15. The dosage form as claimed in any of claims 1 to 13, characterized in that the surface administration is a transmucosal or transdermal, preferably a transmucosal administration.